

Apponequet/Old Colony Lakers 2024-25 Roster

#	Name	Pos.	Yr.	Hometown
7	Nathan Navega	D	Sr.	
10	Ryan Abreau	D	Sr.	
11	Ryan Vincent	D	Sr.	
13	Jared Freitas	D	Sr.	
21	Grady Dionne	D	Sr.	
33	Quincy Alves	G	Sr.	

Coaches and Captains:

Head Coach: Ed Botelho
Assistant Coaches: Nate Farrington, Billy Rocha

2024-25 Season

Date	Time	H/A	Venue	Opponent	Final Scores
Dec. 14	1:20 PM	Away	Aleixo Arena, Taunton, MA	Hopedale / Milford	Apponequet/Old Colony (0) vs Hopedale / Milford (3)
Dec. 18	7:00 PM	Home	Driscoll Arena, Fall River, MA	Taunton	Apponequet/Old Colony (1) vs Taunton (3)
Dec. 21	5:00 PM	Away	Driscoll Arena, Fall River, MA	Diman	Apponequet/Old Colony (6) vs Diman (2)
Dec. 23	3:30 PM	Home	Driscoll Arena, Fall River, MA	Foxboro	Apponequet/Old Colony (3) vs Foxboro (2)
Dec. 27	12:00 PM	Away	Bridgewater Ice Arena, Bridgewater, MA	Middleboro	Apponequet/Old Colony (2) vs Middleboro (4)
Jan. 6	4:00 PM	Away	Asiaf Skating Arena, Brockton, MA	Stoughton Black Knights	Apponequet/Old Colony (4) vs Stoughton Black Knights (1)
Jan. 8	7:00 PM	Away	Driscoll Arena, Fall River, MA	Somerset Berkley	Apponequet/Old Colony (4) vs Somerset Berkley (5)
Jan. 15	6:00 PM	Home	Driscoll Arena, Fall River, MA	Bourne	Apponequet/Old Colony (1) vs Bourne (2)
Jan. 18	5:00 PM	Home	Driscoll Arena, Fall River, MA	Greater New Bedford Vo-Tech	Apponequet/Old Colony (6) vs Greater New Bedford Vo-Tech (3)
Jan. 20	3:00 PM	Away	Aleixo Arena, Taunton, MA	Taunton	Apponequet/Old Colony (3) vs Taunton (5)
Jan. 22	4:00 PM	Home	Driscoll Arena, Fall River, MA	Bishop Stang	Apponequet/Old Colony (0) vs Bishop Stang (1)
Jan. 25	3:00 PM	Away	Falmouth Ice Arena, Falmouth, MA	Old Rochester/Fairhaven	Apponequet/Old Colony (2) vs Old Rochester/Fairhaven (5)
Jan. 27	8:00 PM	Away	Hetland Arena, New Bedford, MA	Greater New Bedford Vo-Tech	Apponequet/Old Colony (9) vs Greater New Bedford Vo-Tech (1)

Date	Time	H/A	Venue	Opponent	Final Scores
Feb. 5	8:00 PM	Away	Hetland Arena, New Bedford, MA	Bishop Stang	Apponequet/Old Colony (2) vs Bishop Stang (1)
Feb. 7	5:00 PM	Away	Hetland Arena, New Bedford, MA	Dartmouth	Apponequet/Old Colony (1) vs Dartmouth (5)
Feb. 8	6:00 PM	Home	Driscoll Arena, Fall River, MA	Somerset Berkley	Apponequet/Old Colony (0) vs Somerset Berkley (8)
Feb. 10	4:00 PM	Away	Raynham IcePlex, Raynham, MA	Southeastern/Bristol-Plymouth	Apponequet/Old Colony (4) vs Southeastern/Bristol-Plymouth (1)
Feb. 12	4:30 PM	Away	Gallo Arena, Buzzards Bay, MA	Bourne	Apponequet/Old Colony (1) vs Bourne (3)
Feb. 15	6:00 PM	Home	Driscoll Arena, Fall River, MA	Old Rochester/Fairhaven	Apponequet/Old Colony (1) vs Old Rochester/Fairhaven (3)
Feb. 26	6:10 PM	Away	Larsen Rink, Winthrop, MA	Winthrop	Apponequet/Old Colony (3) vs Winthrop (4)

Player Profiles

#7 Nathan Navega SR D

Stats:

Season	GP	G	A	Pts	PIM	Shots
2024-25						
2023-24						
2022-23						
2021-22						

#10 Ryan Abreau SR D

Stats:

Season	GP	G	A	Pts	PIM	Shots
2024-25						
2023-24						
2022-23						
2021-22						

#11 Ryan Vincent SR D

Stats:

Season	GP	G	A	Pts	PIM	Shots
2024-25						
2023-24						
2022-23						
2021-22						

#13 Jared Freitas SR D

Stats:

Season	GP	G	A	Pts	PIM	Shots
2024-25						
2023-24						
2022-23						
2021-22						

#21 Grady Dionne SR D

Stats:

Season	GP	G	A	Pts	PIM	Shots
2024-25						
2023-24						
2022-23						
2021-22						

#33 Quincy Alves SR G

Stats:

Season	Mins	SA	GA	Sv%	GAA	SO
2024-25						
2023-24						
2022-23						
2021-22						